



# Kids Sleeping Bag

a free project for  
**Janome**  
*by Olivia Jane Handcrafted*



## Materials Needed:


- assorted fabrics to make patchwork design 50x60" OR use a single print or even a sheet
  - 3.5 yards 42" wide quilting cotton OR a sheet or whatever preferred lining
  - 1/2 yard quilting cotton for making your own bias tape, or 6.5 yards premade double fold bias tape
  - your preferred batting
  - sleeping bag zipper
  - curved safety pins for basting, use another method if you prefer
  - coordinating thread
  - rotary cutter, ruler, and mat
- for optional drawstring storage bag:
- fabric
  - ribbon or fabric for handmade ties
  - for straps

please note that 'Quick Instructions are included below. This is a long project, so you will likely find the full post helpful for various parts of the project. Find it here:

## Quick instructions:

- Cut fabric for patchwork design. Sew patchwork panel (50x60").
- Cut lining and batting at least 54x64". Lay lining facedown, then layer batting and patchwork panel on top. Baste then quilt using a design that makes you happy.
- Square up your sleeping bag by trimming off excess batting and lining. Trace circle edge onto corners and cut rounded corners on all four corners.
- Cut bias binding and stitch short ends together until you have at least 230". Fold in half lengthwise and press. Fold raw edges in toward center crease and press again so that you have double fold bias tape.
- Open bias tape. Leave a 5" tail, align to side of sleeping bag and stitch in the first crease until you are about 5" from where you began.
- Trim top of the first tail slightly, and open fully to determine how much tails should overlap. Trim to this length, and then pin right sides at a 90 degree angle, and stitch a line from corner to corner. Trim excess, press open, stitch along first crease to complete attaching bias binding. Reference photos in post for assistance.
- Turn bias binding to back side of sleeping bag, press well then stitch close to the fold so that you stitch evenly on front and back, and the bias binding is cleanly shut all the way around.
- Align zipper just under the rounded corner of the top of the sleeping bag so that the edge of the bound edges butt up against the zipper teeth. Stitch just to the side of the bias binding to attach zipper. Stop just before you reach the bottom center of the sleeping bag.
- Align and pin second half of zipper to the other side. Begin stitching at the center bottom and work your way to the top of the second side.
- For storage bag: use included template to cut circle from fabric and 25.5x17" rectangle. Stitch together 17" sides right sides together, leave 2" open at end. Press seam open.
- Finish top edge (with open section), and fold and press down by 1". Stitch around with 3/4" seam allowance.
- Pin bottom portion of body piece to circle right sides together and stitch around with 1/4" seam allowance. Finish seam and turn out. Insert ribbon and tie.

*post your completed sleeping bag to social media! Remember to tag me @thefooshe and @janomeamerica so we can enjoy your creations!*



Bottom  
Drawstring Case  
for  
**Kids Sleeping Bag**  
for  
**Janome**

trace template and cut one